

# The Game of Life for the 21st Century BONUS

## Treatment for Perfect Self-Expression from the Game of Life Mastery Program 5.0

Place your feet flat on the floor. With your hands gently in your lap and eyes closed, focus your attention on the beating of your heart.

Now shift your focus to gratitude of the blessings in your life. Embrace what you're grateful for and breathe into the gratitude.

Ask yourself these questions:

Who am I?

What do I want?

What's my purpose?

What makes me happy?

Now simply allow yourself to be aware of your physical body. Your hands in your lap – your feet on the floor.

Now focus again on your heart – allow yourself to hear the beating of your heart as a sound or feel it as a sensation.

Now we're going to GROUND into the highest vibration of love possible - connecting to our immediate supply... --- accessing our creation energy....

Take a deep breath and with your eyes closed....

Allow yourself to see in your mind's eye your massive oak grounding tree...

Your grounding tree is of the essence of your perfect self-expression and welcomes you with great love.

Take a deep breath and step into the spiritual essence of the tree.

Allow your feet to go down into the roots of the tree...

Down through the soils, water and rocks, down to the core light of loving, prosperity at Mother Earth's center...

Now pull the powerful possibility of love back up through the rocks, soils and water to your feet....

up your legs...

to your heart...

The branches of your mighty oak tree open wide to the breath of God.

With open heart and arms, we tap into the essence of creation from deep within...

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Breathe deeply and pull into your heart, through your breath, the joy of fulfilling your true potential through your perfect self-expression...

*Infinite Spirit, release the brilliant genius within me. Open the way for the Divine Design of my perfect self-expression to now manifest as mine, under grace in a perfectly miraculous way. For the highest good of all - thank you, thank you, thank you!*

The angels of love, light and perfect self-expression join you in your oak tree of loving possibility - bringing with them the energy of limitless creation - allow yourself to feel them come in close... fully supporting you to BE limitless possibility in all directions of time - from within to without....

Now ask the angelic beings of light - the essence of God that hold you safe - ask for your Divine Life Pathway to be illuminated before you.

Take a deep breath accessing your creation energy.

Breathe in deeply of the joy it would bring you to experience perfect self-expression in whatever form that is!

Take another deep breath and allow the bright light of the life force energy of Creation within you to expand bigger...

and brighter...

until your entire body is filled with the brilliant bright light of creation energy...

Allow yourself to FEEL how awesome it is to experience perfect self-expression - from within to without....

Firmly anchor and claim your perfect self-expression - all that is yours by Divine Right!

Breathe into every cell of your BE-ing how magnificently awesome it IS to experience work that you love!

Now.... take a deep breath... and allow the brilliant light of creation energy that you are to expand up through the branches of the tree - up high...

***Your beacon of light shines brightly to magnetize to you*** the perfect self-expression that makes your heart sing with joy...

Take a DEEP Breath... and repeat after me using the voice of the life force energy of creation:

*Infinite Spirit, Release the brilliant genius within me. Open the way for the Divine Design of my perfect self-expression to now manifest as mine, under grace in a perfectly miraculous way. For the highest good of all - thank you, thank you, thank you!*

Embrace in deep gratitude, the perfect position of self-expression that is yours by Divine Right.

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Allow roots from your feet to go deep down into the soils of Mother Earth, down through the rocks, the clay, the water - down to the core healing light of possibility at her center. Pull that loving light back up through the soils to your feet, up your legs, to your heart.

Now... Take a deep breath, thanking your angelic assistants... and bring back with you.... the brilliant love light - the limitless possibility of creation as you step out of the grounding tree and when you're ready... open your eyes.

I hold you in the light of experiencing your perfect self-expression - what is yours by Divine Right - under grace, in a miraculous way!

So Be It - and it IS!

Demand a lead to guide you to any action steps that may be necessary to bring your perfect self-expression to fruition. Then be OPEN to what that lead may be - you may have been shown one during the Treatment. Use the time of Distracted Concentration to open the way for your lead to register in your consciousness. That time, that distracted concentration is that time that you're focusing on something, but it's not brain surgery - like doing dishes, or vacuuming or taking a bath - let whatever comes in, to come in and recognize it for the guidance that it is.

Your power is in BEing non-resistant - fear holds resistance - allow yourself to be as the flow of water - completely non-resistant...

In Divine Mind there is only completion; therefore, your demonstration is completed as your perfect work, your perfect home, your perfect self-expression, your perfect wealth - without fear, doubt or anxiety at any level.